

38th Annual Developmental Disabilities Conference



A Conference Co-Sponsored by MDHHS, the Michigan Chapter of AAIDD, and WMU Homer Stryker M.D. School of Medicine

April 19-20, 2022

Virtual Conference

CE Credit provided by Western Michigan University
Homer Stryker M.D. School of Medicine



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Overview & Objectives

Overview

The Annual Developmental Disabilities Conference will focus on issues related to healthcare, social, community, and educational services which are of critical importance to the future of persons with developmental disabilities. The program will provide an overview of issues related to the spectrum of services currently available as well as strategies for enhancing these services.

The program format is designed to present a variety of expert viewpoints to encourage interaction with health professionals. The combination of didactic and workshop format will allow ample opportunity for participants to engage in discussion with the presenters.

This educational program is designed for physicians, nurses, psychologists, social workers, therapists, nutritionists, educators, home care providers, and other professionals interested in the delivery of care and services to persons with developmental disabilities

Objectives

From attending this conference, professionals in developmental disability care will be able to:

- Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.
- Identify advances in clinical assessment and management of selected health care issues related to persons with developmental disabilities.
- Discuss the ethical issues related to persons with developmental disabilities.
- Identify and emphasize attitudes that enhance the opportunities for persons with developmental disabilities to achieve their optimal potential.
- Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

Planning Committee

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Kent County Health Department

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Presenters

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ALYVIA ANAPLE, BS
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Pediatric Psychology
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MI Developmental Disabilities Council

KYLE VISITACION, BS
Western Michigan University

KATIE WHITE, MA
Pediatric Psychology
Western Michigan University
Homer Stryker M.D. School of Medicine

Conference Schedule

Tuesday, April 19

8:25 am Welcoming Comments

8:30 am - 9:30 am Plenary Address—Patricia Haney, RN Memorial Lecture:

Caring for Others When You're Running Out of Things and Ways to Give: A reflection for support and service providers during a continued global pandemic

Stephanie Grant PhD, LPC, IMH-E

We're 2 years into a global trauma event. Those we serve are at one of the highest risks of being negatively impacted by this event as services and supports fail to meet their needs. Many of us witness this reality and work to fill the gaps, yet are also impacted ourselves. In this plenary session, Dr. Grant will provide opportunities for reflection on this shared reality while also giving words to our experiences.

9:30 am - 9:45 am Break

9:45 am - 10:45 am Concurrent Workshops

A1 Human Trafficking Survivors with Disabilities

Jessica Glynn, Esq and Christina Hayes, LLBSW

The goal of this workshop is to increase awareness and understanding of human trafficking when working with survivors with disabilities. This workshop will address bias, stigmas, and risk factors that may lead to victimization. Participants will learn how to recognize the signs of human trafficking and best practices in providing survivor-centered supportive and comprehensive services. The presenters will share lessons learned and experiences of representing survivors with disabilities in both sex and labor trafficking cases.

Medical/Trends/Mental Health/On the Front Line

Practice Level: Beginner

Conference Schedule

A2 Improving Vocational Outcomes Through the PROMOTES Employment Project

Kyle Visitacion BS, Alyvia Anaple BS, Kayla Jenssen PhD, BCBA, LBA and Jessica Van Stratton PhD, BCBA-D, LBA

Paid employment offers many benefits for young adults with exceptional needs and their families. Yet it can be difficult for these individuals to obtain and maintain these positions for various reasons. In collaboration with the Van Buren Intermediate School District, the PROMOTES employment project provides supports to transition-aged adults to help build skill repertoires needed for competitive employment. This presentation will provide an overview of the services PROMOTES offers and highlight successes through case examples.

Issues in Transition/Education

Practice Level: Beginner

A3 What's Going on in Lansing

Alan Bolter

Hear about the latest goings-on in the Michigan Legislature. What is the status of behavioral health integration and where do we go from here? What is the status of the FY23 budget and what big issues will the legislature tackle during an important election year? This workshop will provide an update on the latest legislation and budget issues impacting the CMH system and how members can convey our advocacy message moving forward.

Mental Health/Psychiatry

Practice Level: Beginner

10:45 am - 11:15 am Vendor Break

11:15 am - 12:15 pm Concurrent Workshops

B1 Healthy Living: Protecting the brains of individuals living with a developmental disability

Kristi Davis, CTRS

People with developmental disabilities are living longer than ever. As a result, it's important for clinicians to have the knowledge base to help them take care of their brains for a long, healthy life while aging. In this training, attendees will learn the factors that may increase a person living with a developmental disability's risk of dementia and the ways that their brain health can be supported through healthy habits.

Mental Health/Psychiatry, On the Front Line, Nutrition

Practice Level: Beginner

Conference Schedule

B2 Autism and Differential Diagnoses

Roger W Apple, PhD and Katie White, MA

This workshop will discuss identification and diagnosis of autism as well as how to identify and diagnose other co-occurring conditions.

Mental Health/Psychiatry

Practice Level: Beginner

B3 Self-Directed Services Update!

Angela Martin LMSW, Jan Lampman BA, and Laura Demeuse BS, LBSW

Learn about the updated Self-Direction Technical Requirement Implementation Guide. Create for 2020, this Guide is in effect this fiscal year. It is designed to make self-directed services easier to use for clinicians and people using self-direction, while providing flexibility in the use of services. Key components will be described and an explanation of how to use the Guide in daily practice will be provided.

On the Front line

Practice Level: Intermediate

12:15 pm –1:15 pm

Lunch Break and Exhibits

Conference Schedule

1:15 pm — 2:15 pm Concurrent Workshops

C1 Autism Spectrum Disorder, Extremism and the Role of Clinicians in Early Identification, Prevention and Intervention

Frank Straub, PhD and Neelkamal Soares, MD

Extremists recruit persons to their causes through online forums that spread hate-filled narratives and promote violence. There is a small subset of individuals with autism spectrum disorder who may be vulnerable to recruitment. Clinicians who work with autistic adolescents, young adults and their families should identify multi-disciplinary strategies to inform early identification, prevention, and care-based interventions for at-risk adolescents. This presentation represents an international collaboration between developmental-behavioral pediatrics, law enforcements, and psychology.

Medical, Trends, Mental Health/Psychiatry, Issues in Transition/Education, On the Front Line

Practice Level: Intermediate

C2 Acquired Developmental Disabilities from Blood Disorders

Amy Barto, M.Ed and Krystal Chan-Zlatopolsky, MD

Two blood disorders that cause acquired developmental disability are Sickle Cell Disease and Lead Poisoning, both of which have biological and psychosocial impacts on children and their families, and disproportionately impact black and brown communities. In this workshop we discuss the pathophysiology of these disorders, and the role of medicine, education, mental health, and advocacy in the progression of these chronic illnesses.

Medical

Practice Level: Beginner

C3 Sexual Health and Sexuality Education for People with Developmental Disabilities

Mary Shehan-Boogaard MS, QSE and Izzie Bullock MA, CWIP

This presentation will focus on helping participants gain a deeper understanding of communicating with people with IDD in medical and clinical settings specifically as it pertains to reproductive health and sexuality education. It is based on the foundation that recognizes people with disabilities as sexual human beings. The presentation will work toward changing organizational practices that prohibit quality reproductive healthcare and sexuality education for people with IDD. New resources for sexuality education will be discussed.

Medical, Trends, Issues in Transition/Education

Practice Level: Beginner/Intermediate

Conference Schedule

2:15 pm - 2:30 pm Break

2:30 pm - 3:30 pm Concurrent Workshops

D1 Sleep Management in the Child with Developmental Disabilities

Mark Goetting, MD

This session will focus on best addressing the child with developmental disabilities and problematic sleep. This begins with how to assess the 24-hour sleep-week history. The environmental, medical, and family factors will be discussed. Evaluation of common disorders that can disrupt sleep, such as sleep apnea, a restless legs syndrome, and restless sleep disorder will be reviewed. This leads to a hierarchy of priorities in diagnosis and treatment targets. Behavioral, medications, and family interventions then will follow.

Medical

Practice Level: Intermediate

D2 Interdisciplinary Collaboration to Support Children with Autism Spectrum Disorder

Allison Peart MA, TLLP and Angela Khater MA, BCBA, LBA

This workshop will highlight the importance of collaboration between different disciplines and families in providing the best outcomes for children with Autism Spectrum Disorders. In particular our discussion will focus on how to connect families with special education and ABA services.

Trends, Issues in Transition/Education

Practice Level: Beginner

D3 “Conflict Free” Services: Why the big push for this in Michigan and nationally?

Annette Downey MSA, LBSW and Lisa Ballien, LBSW

This session provides an overview and discussion about the federal movement toward “conflict-free” services. There will be a review of several service models used in various regions in Michigan. Very individualized Person-Centered Planning approaches will be shared with a very strong community-based focus, along with the successes that have resulted in the lives of people with disabilities through the utilization of Conflict-free Support Coordination services in particular.

Trends, On the Front Line

Practice Level: Beginner

Adjourn Day 1

Conference Schedule

Wednesday, April 20

8:25 am Welcoming Comments

8:30 am - 9:30 am Plenary Address - Dennis Lyne, MD Memorial Lecture:

Learning to Discover Parallel Processes in Those We Serve

Stephanie Grant PhD, LPC, IMH-E

The idea of the parallel process refers to how our experiences with a client often parallels and provides opportunities for insight into what whose relationship dynamics and experiences are for those that support them—and likewise, how our experiences with the support figures provides insight into the client's own experiences. In this plenary session, Dr. Grant will explore the idea of the parallel process and its relevance and application to supporting individuals with developmental disabilities.

9:30 am - 9:45 am Break

9:45 am - 10:45 am Concurrent Workshops

E1 Diversity, Equity, and Inclusion (DEI) and Individuals with Developmental Disabilities

Lisa M Lowery MD, MPH, FAAP, FSAHM

Discussion of diversity, equity, and the inclusivity of persons with developmental disabilities. Interactive discussion on intersectionality and disabilities. Discussion of unconscious biases and possible strategies to mitigate these biases. Discussion of how DEI work and including the lens and frame work of including persons with disabilities.

Medical, Mental Health/Psychiatry, Issues in Transition/Education

Practice Level: Beginner

E2 Restoring Your Rights: Moving from guardianship to supported decision making

Jan Lampman BA, QIDP and Amie Kupovits

This workshop will walk through the logic and process for restoring the rights of a person who has a guardian. We will include discussion of partial guardianships and tools of supported decision making.

Trends, Issues in Transition/Education

Practice Level: Beginner

Conference Schedule

E3 CBD Oil Changing Lives One Drop at a Time

Teresa Bailey, PharmD

Questions that will be addressed:

How is cannabidiol different from marijuana, cannabis, and hemp?

Is cannabidiol legal?

What is the evidence for cannabidiol health benefits?

Is CBD safe?

Medical/Trends/Nutrition

Practice Level: Beginner

10:45 am - 11:15 am Break

11:15am - 12:15 pm Concurrent Workshops

F1 Waterfall of Kindness: Transformational management within a culture of value and support

Kari Arms BS, LBSW, Maureen McGurn LBSW, and Sue Gipperich BA, LBSW

How Open Arms Support Coordination Services, Inc. uses a culture of kindness to provide mental health services and how this encompasses all aspects of our organization. Attendees will learn how administrators can support employees; including social workers, support coordination assistants and administrative support staff; how social workers support individuals served, their families and advocates and direct support professionals; and how these principles are embodied in care plans that empower recipients to direct their own lives and foster a sense of companionship and connectedness.

On the Front line

Practice Level: Beginner

F2 Using the Charting the LifeCourse Framework to Improve Person-Centered Planning in Michigan

Tracy Vincent and Jan Lampman, BA, QIDP, CAPP

This workshop will provide an overview of Charting the LifeCourse and how the framework can enhance what we do in supporting individuals with disabilities to have good lives, create a culture shift, and improve practices into a more person-centered approach.

Trends

Practice Level: Beginner

Conference Schedule

F3 Understanding Disparities in Diagnosis and Management for Autistic Children

Chioma Torres, MD

This workshop will discuss the literature regarding disparities in delayed diagnosis and misdiagnosis for autistic children, disparities in receiving medical care and services once diagnosed, and strategies to improve these inequities.

Medical, Mental Health/Psychiatry

Practice Level: Beginner

12:15 pm - 1:15 pm

Lunch Break and Exhibits

1:15 pm - 2:15 pm

Concurrent Workshops

G1 Use and Overuse of Medications in the Care of Individuals with Developmental Disabilities

Zakia Alavi, MD

We will discuss psychotropic medications commonly used in developmental disabilities. Also discussing the phenomena of polypharmacy and prescribing cascade. Briefly discuss common causes of polypharmacy in this population

Medical, Mental Health/Psychiatry

Practice Level: Intermediate/Advanced

G2 Considerations for Adapting Common Psychological Treatments to Developmental Disabilities Populations

Rebecca Rausch PhD, Katherine Tennant Beenen PhD, and Felicia Diaz MA

This presentation will focus on the application of common psychological treatments to individuals with developmental disabilities. It will include considerations for the delivery of these approaches to best support this population.

Mental Health/Psychiatry

Practice Level: Intermediate

2:15 pm - 2:30 pm

Break

Conference Schedule

H1 Person-Oriented Ethics for Autism Research: Recommendations identified through engagement with autism and autistic communities

M. Ariel Cascio, PhD

This workshop addresses day-to-day ethics in research studies involving people with autism. I will present strategies for enabling safe, accessible, and meaningful participation, identified through a literature review and a task force meeting of autistic people, parents, and professionals. This workshop will be of interest to potential researchers, research participants, and professionals or family members who might be asked to facilitate connections between researchers and potential research participants.

Medical, Mental Health/Psychiatry, Issues in Transition/Education

Practice Level: Beginner

H2 Trauma Informed Care and Applied Behavior Analysis

Jeana Koerber PhD, BCBA-D, LBA

This presentation will focus on applied behavior analysis and how the principles intersect with trauma informed care. Case examples will be presented to highlight how the principles of ABA can be used in a trauma informed approach to treatment.

On the Front Line

Practice Level: Beginner

3:30 pm

Adjourn Day 2

Conference Info

Registration

The registration fee includes admission to the virtual conference only. Confirmation notices will be sent by email.

Registration can be completed at: <https://wemed.cloud-cme.com/2022DDConference>

Cancellations

All cancellations must be received in writing email, and are subject to a 10% cancellation fee. If you cancel with 1-6 business days notice, between April 11th and April 18th, you will receive a 50% refund. No refunds will be issued after the conference begins. Send cancellation notices to ce@med.wmich.edu.

ADA

To discuss disability accommodation, please email ce@med.wmich.edu.
Three weeks advance notice is appreciated.

Certificates

Attendance Certificates will be available upon completion of an online evaluation form only.

Conference Access

Links for each breakout session will be emailed to participants.

Recording

This conference will be recorded. By joining the conference, you agree to these terms.

Additional Information

For more information, please email ce@med.wmich.edu.

Conference Info

Educational Accreditation

In support of improving patient care, Western Michigan University Homer Stryker M.D. School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit amount subject to change.

Interprofessional Continuing Education

This activity was planned by and for the healthcare team, and learners will receive 10.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians

Western Michigan University Homer Stryker M.D. School of Medicine designates this live activity for a maximum of 10.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Western Michigan University Homer Stryker M.D. School of Medicine designates this activity for 10.0 contact hours for nurses. Nurses should claim only credit commensurate with the extent of their participation in the activity.

Pharmacists & Pharmacy Technicians

Western Michigan University Homer Stryker M.D. School of Medicine designates this activity for 10.0 contact hours for pharmacists and pharmacy technicians. Pharmacists and pharmacy technicians should claim only credit commensurate with the extent of their participation in the activity.

Social Workers

As a Jointly Accredited Organization, Western Michigan University Homer Stryker M.D. School of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Western Michigan University Homer Stryker M.D. School of Medicine maintains responsibility for this course. Social workers completing this course receive 10.0 continuing education credits.

Psychologists

This program is co-sponsored by the American Psychological Association for continuing education credit. The American Psychological Association retains responsibility for the program. This activity is designated for 10.0 APA CE Credits.

Sponsors

Alzheimer's Association - Michigan Chapter

Great Lakes Center for Autism Treatment and Research

Special Education Mediation Services